
P1 COURSE STUDY TIPS

FALL SEMESTER

SCORE 90%



SCORE 60%



PHARMACEUTICAL CHEMISTRY (PHC 501)

- Pay attention in class
- Take notes on examples in the lecture
- Redo practice questions and review the lectures
- Read exam questions carefully

PHARMACEUTICAL CALCULATIONS (PHC 529)

- Use the workbook to your advantage
- Redo practice calculations done in class
- Remember significant figures
- Always double check your calculations

PATIENT ASSESSMENT (PHM 505/506)

- Watch pre-class videos
 - Take notes!
- Learn to utilize the lab value sheet
- Master the vital-signs assessments
 - Form groups! Practice on each other.

PHARMACEUTICAL CARE 1 (PHM 515)

■ Follow the rubric

- Even if you don't think you need to address an item on the rubric because it seems irrelevant - say EVERY single thing listed in the rubric

■ Be professional

- Arrive BEFORE your scheduled time, dressed appropriately
 - These are easy points you don't want to miss

■ Practice, practice, practice

- Counseling is a breeze if you practice!

PATHOPHYSIOLOGY (PHM 503/504)

- Memorize, memorize, memorize.
- Don't study last minute, too much information.
- Focus on objective points.

PHARMACOLOGY (PMY 511/512)

- Keep up with the material, do not wait until the night before the exam
- Try to understand the mechanism of drugs rather than memorizing it.
- Group drugs with same mechanism together and their adverse events.
- Learn it well because it is the foundation for all therapeutics class later.

GENERAL TIPS

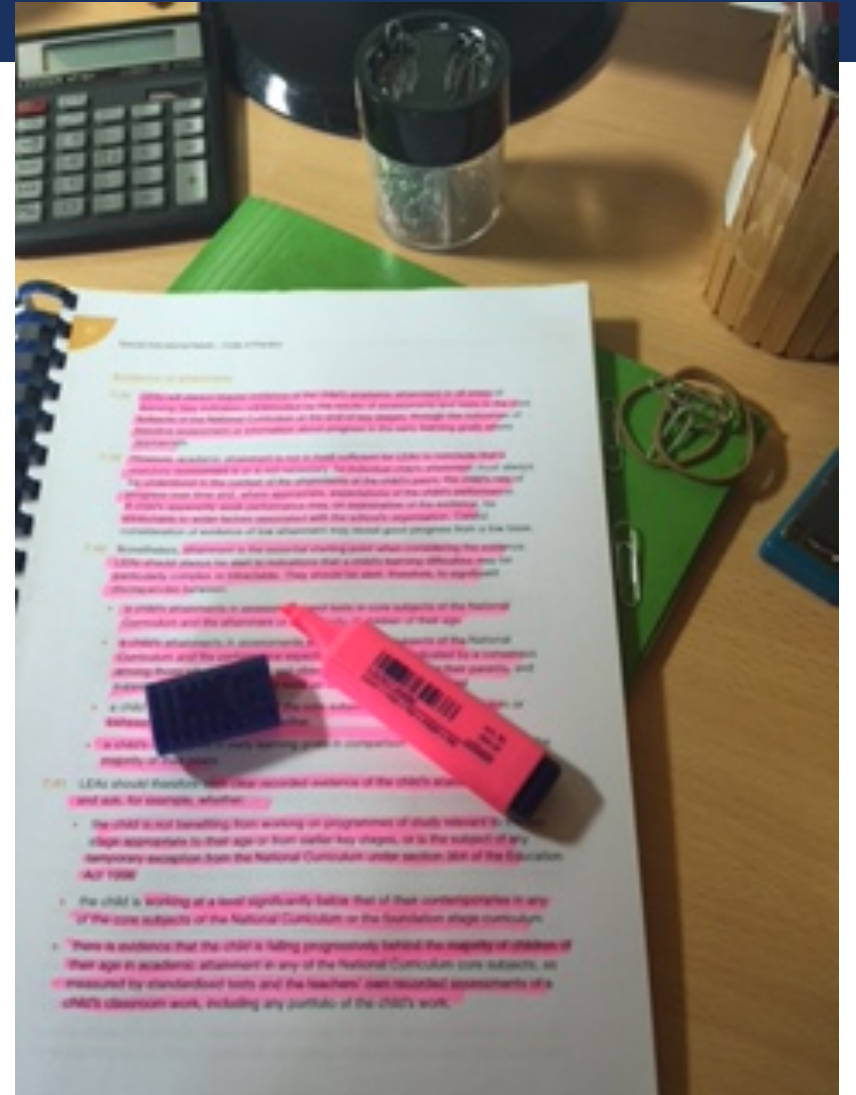


STAY ORGANIZED !

The screenshot displays a calendar interface for September 2018. The main view is a weekly grid from Sunday, September 9th to Saturday, September 15th. The interface includes a navigation bar at the top with a hamburger menu, the current date (31), the month/year (September 2018), and a 'TODAY' button. A search bar and a 'Week' dropdown are also present. On the left, there is a mini-month calendar and a list of 'My calendars' (Anna Mak, Birthdays, Reminders, Tasks) and 'Other calendars' (Holidays in United States). The main grid shows various events such as 'informatics', 'PHM 598 Me', 'PHM701', 'PHM715: Drug Admin', 'PHM536: Topic 4', 'PHM598W', 'PHM702: Resident', 'PHM701: 2-3:20pm', 'PHM729: Ethics vs', 'PHC517: principles of', 'PHM702: 12-30 - 1:50p', 'PHM701: 8:30 - 9:50am', 'PHM715: Drug Admin - 8 - 9:50am', 'PHM536: Topic 4 9 - 11am', 'PHM598W: 8:30 - 10:30am', 'PHM702: 12-30 - 1:50p', 'PHM701: 2 - 3:20pm', 'PHM729: Ethics vs 3:30 - 5:20pm', 'PHC517: principles of 4:30 - 6:20pm', 'PHM701: 8:30 - 9:50am', 'PHM715: Drug Admin - 8 - 9:50am', 'PHM536: Topic 4 9 - 11am', 'PHM598W: 8:30 - 10:30am', 'PHM702: 12-30 - 1:50p', 'PHM701: 2 - 3:20pm', 'PHM729: Ethics vs 3:30 - 5:20pm', 'PHC517: principles of 4:30 - 6:20pm'. A red plus sign is visible in the bottom right corner of the grid. On the right, a 'TASKS My Tasks' panel is open, showing a list of tasks with radio button selection options: 'Add a task', 'APhA MTM Training docs', 'IRB Citi Training', 'update phm598dal file', 'rev man review', 'work on pbl', 'input adv comm topics into google calendar', 'DI paper and med error summ', 'PHM536: Topic 4 Treatment of Diabetes: Pharmacotherapy: Insulin Therapy', and 'PHM536: Topic 3'.

NOTE TAKING TIPS

- Re-listen to lecture
- Color code your notes
- Don't be a scribe!
 - Take enough notes to understand the concepts
- Aim to start studying at least 1 week prior to exam date



RHO CHI TUTORING

- Available IN-PERSON and by EMAIL
- **Tuesdays 6:30 – 7:30 PM**
- **Wednesday 6:30 – 7:30 PM**
- **K183**

Rho Chi Tutoring Sessions – Fall 2018

Tutors are available by email and on:

Tuesdays 6:30-7:30PM & Wednesdays 6:30-7:30PM in K183

(Please email tutors with questions/concepts you would like to review prior to the session.)

Name	Email	Date
FIRST WEEK OF CLASSES - NO TUTORING: 8/27-8/31		
Hubert Chua	hubertco@buffalo.edu	9/3-9/7
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FALL RECESS – NO TUTORING: 11/19-11/23		
Richard Rovelli	rjrovell@buffalo.edu	11/26-11/30
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Emily Thurnherr	emilythu@buffalo.edu	12/3-12/7
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- Omar Marzouk – Slacker Student
- Richard Rovelli – Overly Ambitious Student

TIPS & TRICKS

- Melissa Dhanraj – PHC 501 & PHC 529
- Ben Do – PMY 511/512
- Anna Eschler – PHM 515
- William Feng – PHM 503/504
- Hannah Lu - PHM 505
- Anna Mak – General Study Tips

Questions?

